



# PCES, PreK & ALC ~ OCTOBER 2018



Monday		Tuesday		Wednesday		Thursday		Friday	
1	Breakfast Pizza or Breakfast Ring Cheese or Peperoni Pizza or Deli Lunchable w/Sweet Potato Fries, Roasted Broccoli, Vanilla Pudding	2	Cereal & Cheese Toast or Sweet Potato Cinnamon Roll Turkey Roast w/Gravy, or Pizza Lunchable w/Mashed Potatoes, Seasoned Collard Greens, Cornbread	3	French Toast Sticks (3) or Mini Cini Tatortot Casserole, or PB&J Lunchable w/ Green Beans, Glazed Carrots, WG Roll	4	Grits, Bacon & Biscuit or Breakfast Bun Tomato Soup w/Grilled Cheese or Yogurt Lunchable w/Veggie Dippers, Steamed Squash	5	Steak Biscuit or Mini Doughnuts Sloppy Joe Sandwich, or Nacho Lunchable w/Baked Beans, Onion Rings, Pickle Spears
8	 Columbus Day	9	 Don't FORGET! <b>STUDENT HOLIDAY</b> <b>TEACHER WORK DAY</b>	10	Chicken Biscuit or 2 ct. Poptart Mushroom Steak w/Gravy or Pizza Lunchable w/Mashed Potatoes, Turnip Greens, Cornbread	11	Grits, Egg & Biscuit or Breakfast Bun Catfish Strips w/Hushpuppies or Yogurt Lunchable w/Mac'n Cheese, Steamed Broccoli, Carrots	12	Sausage Twins or Mini Doughnuts Chili Cheese Hot Dog or Nacho Lunchable w/Coleslaw, Baked Beans, Oven Fries
15	Breakfast Pizza or Breakfast Ring Chicken & Noodles, or Deli Lunchable w/Sweet Peas, Roasted Broccoli, Vanilla Pudding	16	Cereal & Cheese Toast or Sweet Potato Cinnamon Roll Cheeseburger Mac or PB&J Lunchable w/ Green Beans, WK Corn, Garlic Toast	17	Breakfast Stick or Mini Cini Chicken Stir Fry w/Mixed Veggies or Yogurt Lunchable w/ Chow Mein, Glazed Carrots, Egg Roll	18	Grits, Bacon & Biscuit or Breakfast Bun Meatloaf Slice, or Pizza Lunchable w/Seasoned Potato Mash, Collard Greens, WG Roll	19	Chicken Biscuit or Mini Doughnuts Hamburger Sliders, or Nacho Lunchable w/ Baked Beans, Seasoned Fries, Lettuce/Tomato/Pickle
22	Funnel Cake or Cereal & Mini Muffin WM's Cheesy Breadsticks w/Marinara Cup or Nachos Lunchable w/Green Beans, Sunset Sip Juice Box	23	Breakfast Pizza or Cereal & NutriGrain Bar Hamburger w/WG Bun or Yogurt Lunchable w/Potato Smiles, Lettuce, Tomato, Pickles	24	French Toast Sticks (3) or Cereal & Poptart (1) Cheese Quesadilla (2) w/Salsa Cup, or PB&J Lunchable w/ Black Beans, WK Corn, Blue Fruit Freeze	25	Blueberry Pancakes (IW) or Cereal w/String Cheese Grilled Chicken Sandwich or Nachos Lunchable w/Oven Fries, Carrot Sticks w/Ranch Cup	26	Waffles (2) or Yogurt & BB Mini Loaf Popcorn Chicken & Roll or WM's Pepperoni Pizza w/Collard Greens, Mashed Potatoes, Lettuce/Tomato/Pickle
29	Breakfast Pizza or Breakfast Ring Cheese or Peperoni Pizza or Deli Lunchable w/Sweet Potato Fries, Roasted Broccoli, Vanilla Pudding	30	<b>BOX TOP WINNERS</b> Cereal & Cheese Toast or Sweet Potato Cinnamon Roll <b>Mrs Smith's 5th Grade Class Party!</b> Salisbury Steak w/Gravy, or Hot Wings w/Mashed Potatoes, Sweet Peas, WK Corn, Roll	31	Chicken Biscuit or 2 ct. Poptart Tatortot Casserole, or PB&J Lunchable w/Seasoned Collards, Glazed Carrots, WG Roll	1	<b>NOVEMBER</b> Grits, Bacon & Biscuit or Breakfast Bun Tomato Soup w/Grilled Cheese or Yogurt Lunchable w/Veggie Dippers, Steamed Squash	2	<b>NOVEMBER</b> Steak Biscuit or Mini Doughnuts Sloppy Joe Sandwich, or Nacho Lunchable w/Baked Beans, Onion Rings, Pickle Spears

