


# PCES, PreK & ALC Menu October,

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>A choice of MILK and a variety of fresh FRUITS served daily.</b></p>	<p>1 Chicken Biscuit or Poptarts</p> <hr/> <p>Chicken Wings or Cheese or Pepperoni Pizza Mac'n Cheese Roasted Broccoli, Cookie</p>	<p>2 Pig'n Jacket or Breakfast Bun</p> <hr/> <p>Hamburger Steak w/Gravy, or Crispy Chicken Salad Rice, Black-eyed Peas, Cornbread</p>	<p>3 Grits, Ham &amp; Biscuit or Cereal &amp; Poptart</p> <hr/> <p>Cheeseburger Mac or Chef Salad Green Beans Glazed Carrots, Garlic Toast</p>	<p>4 Sausage Twins or Mini Doughnuts</p> <hr/> <p>Crispy Chicken Sandwich or BBQ Sandwich Baked Beans, Potato Wedges Lettuce/Tomato/Pickle</p>
	<p>7 Breakfast Pizza or Sweet Potato Cinnamon Roll</p> <hr/> <p>Beef or Chicken Nachos or Lunchable Spanish Rice Mexican Corn, Salsa</p>	<p>8 Steak Biscuit or Poptarts</p> <hr/> <p>Tatortot Casserole or Crispy Chicken Salad Green Beans Glazed Carrots, WG Roll</p>	<p>9 French Toast Sticks (3) or Breakfast Bun</p> <hr/> <p>Turkey/Cheese Sub, or WM Cheesy Sticks w/Marinara Lettuce/Tomato/Pickles Fries, Corn on Cob</p>	<p>10 Grits, Bacon &amp; Biscuit or Cereal &amp; Poptart</p> <hr/> <p>Popcorn Chicken w/Dipping Sauce or Lunchable Mashed Potatoes, Turnip Greens, Cornbread</p>
<p>14 Ham Biscuit or Sweet Potato Cinnamon Roll</p> <hr/> <p>(2) Cheese Quesadillas or Lunchable Spanish Rice, Refried Beans, Salsa</p>	<p>15 Breakfast Pizza or Poptarts</p> <hr/> <p>Catfish Strips or Chef Salad Mac'n Cheese, Steamed Broccoli, Hushpuppies</p>	<p>16 Sausage Twins or Breakfast Bun</p> <hr/> <p>Chicken Tenders w/Dipping Sauce or Lunchable Green Beans, WK Corn, WG Roll</p>	<p>17 Grits, Link Sausage &amp; Biscuit or Cereal &amp; Poptart</p> <hr/> <p>Pork Roast w/Gravy or Lunchable Mashed Potatoes, Turnip Greens, Cornbread</p>	<p>18 Chicken Biscuit or Mini Doughnuts</p> <hr/> <p>Chili Cheese Hot Dog or Crispy Chicken Salad Coleslaw, Baked Beans, Oven Fries</p>
<p>***** National School Lunch Week! *****</p>				
<p>21 Steak Biscuit or Sweet Potato Cinnamon Roll</p> <hr/> <p>Cheese or Pepperoni Pizza, or Lunchable Green Beans, WK Corn, Vanilla Pudding</p>	<p>22 Breakfast Pizza or Breakfast Bun</p> <hr/> <p> Chicken Alfredo or Lunchable Peas, Corn on Cob WG Roll, Apple Crunch</p>	<p>23 Blueberry Pancakes or Poptarts</p> <hr/> <p>Spaghetti Bake or Chef Salad Black-eyed Peas Roasted Broccoli, Garlic Toast</p>	<p>24 Grits, Bacon &amp; Biscuit or Cereal &amp; Poptart</p> <hr/> <p>Baked Chicken or Lunchable Mashed Potatoes, Turnip Greens, Cornbread</p>	<p>25 Ham Biscuit or Mini Doughnuts</p> <hr/> <p>Hamburger w/Cheese, or Lunchable Baked Beans, Seasoned Fries Lettuce/Tomato/Pickle</p>
<p>28 French Toast Sticks (3) or Sweet Potato Cinnamon Roll</p> <hr/> <p>Steak Nuggets or Lunchable Mashed Potatoes Turnip Greens, Cornbread</p>	<p>29 Pig'n Jacket or Poptarts</p> <hr/> <p>Chicken Wings or Cheese or Pepperoni Pizza Mac'n Cheese Roasted Broccoli, Cookie</p>	<p>30 Chicken Biscuit or Breakfast Bun</p> <hr/> <p>BBQ Sliders, or Crispy Chicken Salad w/Baked Beans, Seasoned Fries Pickle Spears</p>	<p>31 Grits, Ham &amp; Biscuit or Cereal &amp; Poptart</p> <hr/> <p>Cheeseburger Mac or Chef Salad Green Beans Glazed Carrots, Garlic Toast</p>	<p><b>HAPPY Halloween</b></p>  